

# CONVERSATION STARTERS

## SOUTHRIDGE COMMUNITY CHURCH

May 21, 2023 | Rising to the Challenge

### EAT TOGETHER | *Showing up regularly to share life and build relationships*

1. With summer around the corner, we begin to wrap up our regular Life Group rhythms to take a rest for the summer. But it's also a great time for spring and summer socializing. **Plan a spring potluck or BBQ** to wrap up the season and make a summer social plan. Consider who else you can invite to join your summer socials.
2. What was the highlight of your May long weekend?

### PRAY TOGETHER | *Joining in on conversations of life and faith*

1. What stood out to you most in [this week's service](#)? What inspired you? What challenged you?
2. Review this week's passage from [Philippians 3:4b-14](#). What catches your attention in this passage? What raises questions for you? What did you learn about this passage from this week's message?
3. What do people usually think makes someone a "Christian"? Considering all the things Paul said he could boast in, what are some of the "Christian" or religious checklists Christians might think they should boast in?
4. What might you need to let go of or count as "garbage" in order to find your identity only in Christ?

### LOVE TOGETHER | *Being real to care and make a difference*

1. Have you ever suffered for doing the right thing? How can suffering lead us to know Christ more deeply?
2. How can we spur one another on to sincere living in the way of Jesus? What examples that Keri shared of sincere living in Jesus' kingdom most inspired you? Which example can you put into practice this week?
3. Reflecting on this week's breath prayer practice, what do you most need to *receive* from Jesus this week? What do you most need to *release* to Jesus this week? Consider re-visiting this breath prayer as a group. Slowly breathe in to a count of three, breathing in the word (and quality) you want to receive. Then slowly breathe out to a count of three, breathing out the word (and quality) you want to release. Close in group prayer together, asking Jesus to help us receive from him and release to him these various qualities of our lives.