

CONVERSATION STARTERS

SOUTHRIDGE COMMUNITY CHURCH

April 14, 2024 | Knowing God By Name

EAT TOGETHER | *Showing up regularly to share life and build relationships*

1. What do you love most about spring? What activities or hobbies do you tend to enjoy as spring arrives?
2. What's your favourite kind of bread and why? How often do you enjoy it?

PRAY TOGETHER | *Joining in on conversations of life and faith*

1. What stood out to you in [this week's service](#)? Was there something that made you pause and contemplate? Feel free to watch the [message recap](#) to review the big ideas of the message.
2. Read and reflect on Jesus's claims in [John 6:22-59](#). What catches your attention most in this passage? Of all the metaphors Jesus could use to refer to himself, why do you think he chose the metaphor of bread? What do you find meaningful about this metaphor?
3. Read the episode of Jesus with his disciples at *the Last Supper* in [Matthew 26:26-29](#). What is similar in this passage to the claims Jesus made in John 6? What else can we learn about what Jesus meant by being "the bread of life" based on this passage and the events of Easter?
4. We practice the Last Supper symbolically when we receive the bread and the juice of communion. How can remembering the Last Supper deepen our experience of communion? How can reflecting on Jesus as "the bread of life" deepen our experience of communion? What do you find most meaningful about the practice of communion?

LOVE TOGETHER | *Being real to care and make a difference*

1. C.S. Lewis once commented that hungry people don't ask how bread works, they simply eat it and receive its nourishment. How might this be similar to receiving Jesus as the "bread of life"? Could it be worth taking a deeper "bite" of Jesus even if you don't fully understand how Jesus works?
2. Eating every day is part of staying physically healthy. Jesus tells us that "eating" spiritual "food" is just as important. What practices might you implement in your life to nourish your spiritual health?
3. Pray [the Lord's Prayer](#) together to close your time, asking Jesus to "Give us this day our daily bread."