

CONVERSATION STARTERS

SOUTHRIDGE COMMUNITY CHURCH

March 29, 2026

EAT TOGETHER | *Showing up regularly to share life and build relationships*

1. As we enter into Holy Week, we look forward to gathering on Good Friday and Easter Sunday at 10:30 am at all locations.
2. As we think about today's conversation, here is a question to get us started: Have you ever felt like someone gave up on you?

PRAY TOGETHER | *Joining in on conversations of life and faith*

1. We encourage you to watch as a group, the message [recap](#) to review the big ideas of the message. This will refresh our memories and result in richer conversations.
2. Do you find yourself as someone who easily gives up on people? Or do you try to hold onto a relationship even when it feels painful? Or somewhere in-between?
3. Read Ephesians 4:1-3.
 - a. What are some words that you think define our culture these days?
 - b. How are we called by Ephesians 4:1-3 to live differently?
4. How do you think spiritual formation can become what John Mark Comer calls "private, therapeutic self-help spirituality that is honestly, just a Christianised version of radical individualism... not (forming) us to love like Jesus."? Do you feel like you practice your faith as John Mark Comer describes a marathon? How can we practice our spiritual formation and continue to grow to become more like Jesus?
5. Share with your group one big idea that you learned or impacted you from this message, which you can hold onto this week? How might you put that into practice?

LOVE TOGETHER | *Being real to care and make a difference*

For personal contemplation this week:

1. Who might Jesus be prompting you to restore a broken relationship with?
 - a) In what relationship might a humble apology from you go a long way to prevent further deterioration in a relationship that is already somewhat strained?
 - b) In what current relationship are you being tempted to "ghost" someone or break off the relationship altogether?
 - c) Ask Jesus to show you how to respond in a Christlike way.
2. What would it take for us to be the unified family that Jesus' death and resurrection made us to be?