

BE WITH JESUS | September 20, 2026

Mark 3:14

SOUTHRIDGE DISCUSSION & PRACTICE GUIDE

01 READ

Every apprentice of Jesus is invited into three goals: being with him, becoming like him, and doing what he did. This week we focus on the first and most foundational — being with Jesus. In Greek, Jesus invited his first followers to *menó*: to abide, to remain, to make their home in his presence. Today, through the Holy Spirit, that same invitation is open to us — not just to be near Jesus, but truly with him, wherever we are. (Watch [message recap](#).)

“He appointed twelve that they might be with him...”

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02 REFLECT

- Where does your mind naturally drift when it's unoccupied — work, worry, your phone, something else? What does that say about your current “home base”?
- Jesus invited his disciples to *menó* — to abide, remain, make their home in him (John 15:4). How might that be different from just checking in with Jesus every so often?
- The message named a few common “home bases” people default to — busyness, worry, our devices, etc. Which one is most true for you right now?
- Jesus said it's actually better for us that he's not physically here, because the Holy Spirit can be with us constantly (John 16:7). Does that feel true in your experience? Why or why not? What might help you grow in recognizing the Holy Spirit's presence?

03 RESPOND

- Practice presence: Pick one daily habit — driving, brushing your teeth, making coffee — and use it as a reminder to pause and acknowledge that Jesus is with you.
- Find a quiet moment: Set aside 5–10 unhurried minutes this week to simply sit in Jesus' presence — no requests, no agenda, just being with him.

Come back ready to share what it was like to practice being with Jesus this week.