

BECOME LIKE JESUS | Sept 27/26

Luke 6:40

SOUTHRIDGE DISCUSSION & PRACTICE GUIDE

01 READ

We're all becoming somebody — shaped daily by the stories we believe, the habits we practice, and the people we spend time with. Jesus' second goal for his apprentices is to *become like him*: growing in compassion, kindness, humility, patience, and love. That doesn't happen by accident or overnight — it happens through intentional formation around Jesus' teaching, practices, and community, and trusting his Spirit to transform us from the inside out. (Watch [message recap.](#))

“Students are not greater than their teacher. But the student who is fully trained will become like the teacher.”

Luke 6:40

02 REFLECT

- Think of someone you know who's grown more gracious and joyful with age, and someone who's grown more bitter or closed off. What do you think made the difference?
- The message named three forces shaping who we're becoming: the stories we believe, the habits we practice, and the people we spend time with. Which of these do you think has shaped you the most? Which have you paid the most attention to? How about the least?
- The Apostle Paul describes compassion, kindness, humility, gentleness, patience, forgiveness, and love as the “clothes” of someone who follows Jesus ([Colossians 3:12-14](#)). Which of these feels most natural to you? Which feels hardest to put on?
- If you pictured yourself 10, 20, or perhaps 50 years from now, what kind of person are you currently on track to become? What kind of person would you most like to become? What aspects of Jesus' character would you want to be known for by the people around you?

03 RESPOND

- Notice one “story” you default to (e.g. more is better, busyness means importance, etc.) and try replacing it with something Jesus taught (e.g. blessed are the poor, do not worry, etc.).
- Take the [Spiritual Health Reflection](#) from Practicing the Way to add a Jesus-centred practice to your life. Also, consider a friend who you can share your results with.

Come back ready to share what you noticed about a story, habit, or person shaping you this week.