

# CONVERSATION STARTERS

## SOUTHRIDGE COMMUNITY CHURCH

September 18, 2022 | UnDone

### EAT TOGETHER | Showing up regularly to share life and build relationships

1. It's fall kick-off season at Southridge and that means Life Groups are kicking off as well! Many won't settle into a regular rhythm until October, but for groups that are starting to meet, use this resource as a guide to connection and conversation.
2. Icebreaker: What was your favourite childhood game?

### PRAY TOGETHER | Joining in on conversations of life and faith

1. Have you seen or experienced ways the church has hurt more than helped? Do you know anyone who has given up on church because of the hurt they've experienced? Has this been your story?
2. Reflect on some of the ways Jesus was hurt: criticized by family, accused by religious leaders, abandoned by friends, betrayed by disciples, etc. Review the [story of Peter's denial of Jesus](#). Can you relate to any of Jesus's hurts? How do you think Jesus felt through these experiences?
3. Read [Isaiah 53:3-5](#). What difference can Jesus's pain, hurting, and wounding make in our lives? What do you think it means that "by his wounds we are healed"?
4. Read [2 Corinthians 1:3-4](#). How can we learn to come to Jesus with our hurts and then become healing people who are healing people?

### LOVE TOGETHER | Being real to care and make a difference

1. Spend some extended time reflecting on the story of healing and restoration between Jesus and Peter, found in [John 21:15-19](#). Consider reading the passage slowly, 2-3 times, giving space for the group to meditate and reflect on what they hear in the passage. What can we learn about healing and restoration from Jesus's approach with Peter?
2. Are you carrying an open wound from someone in the church? How can the group help contribute to your healing? Might you need to address this wound with the person who caused it through loving confrontation?
3. Is there anyone who might be carrying a hurt or wound that you've caused? How could you gently approach them seeking healing and forgiveness?