

# READ

Submit to one another out of reverence for Christ.  
**Ephesians 5:21**

Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.  
**Philippians 2:3-4**

# LEARN

Love for others grows when we remember how much God loves us. Jesus showed us how to put others first. He shared His time, love and His life. Being generous like Jesus sometimes means giving stuff away, but also means being patient, giving others our attention and spreading kindness.

# This week's Topic

## Generosity

**LENT**  
February 22-28

“Follow God’s example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.  
**Ephesians 5:1-2**

SCAN ME!



See pictures of  
our Compassion  
kids

# TALK

1. What does it mean to put others first?
2. What makes this so hard to do? Where do you find putting others first most challenging?
3. How did Jesus put us first?
4. What's something you can do this week to put someone else first?

# Do

## Compassion Child

Have your kids take part of their allowance, or saved money and bring it to church on Sunday for our Compassion kids. This is a great way to practice generosity and stewardship.

If your child is Jr. or Sr. Kids they can deposit their money during their Sunday morning program.

# READ

...speaking the truth in love, we will grow to become in every respect the mature body of Him who is the head, that is, Christ.

**Ephesians 4:15**

Therefore each of you must put off falsehood and speak truthfully to your neighbour for we are all members of one body.

**Ephesians 4:25**

# LEARN

God cares deeply about truth because He is truthful and trustworthy. When we choose honesty, we are choosing to live in the light, choosing to live more like Jesus. Being honest doesn't always feel easy, sometimes we worry about getting in trouble, so we lie to cover that up. But honesty helps relationships grow stronger. Jesus showed us that love and truth are always the right choice. When we tell the truth with kindness, we help others trust us, and we help our own hearts grow closer to God.

# This week's Topic

## Honesty

# LENT

March 1-7

Follow God's example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

**Ephesians 5:1-2**

SCAN ME!



Worship  
Playlist

# TALK

1. What does it mean to be dishonest or lie?
2. Why does it sometimes feel easier to lie than it is to tell the truth?
3. How does it feel when someone is honest with you?
4. What should we do when we feel like we want to lie?
5. Why do you think God wants us to be honest?

# Do

## Honesty Banner

On 7 pieces of printer paper write each letter of the word HONEST. Have kids decorate each page. Put it up like a banner somewhere in your home to remind us that God calls us to be honest.

## True or False

Play "True or False" as a family. Have family members look up and read interesting facts while adding some made up ones. Guess whether true or false.

# READ

Get rid of bitterness, rage and anger... be kind and compassionate... forgiving each other, just as in Christ God forgave you.

Ephesians 4:31-32

Love is not easily angered, it keeps no record of wrongs.

1 Corinthians 13:5

# LEARN

Holding grudges, or being angry at someone for something they have done in the past can feel very heavy. But forgiveness helps us feel lighter. Forgiveness doesn't mean pretending we aren't hurt, it means choosing love instead of anger. God forgives us over and over, and He invites us to do the same to others. When we forgive others we give room for peace, and with God's help we can build and heal relationships that feel heavy.

# This week's Topic

## Forgiveness

LENT  
March 8-14

“Follow God’s example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

Ephesians 5:1-2

SCAN ME!



Object  
Lesson

# TALK

1. Why do parents or teachers sometimes ask you to say sorry?
2. When has it been hard to forgive someone?
3. What is sin? Why do we need God's forgiveness?
4. How does God's forgiveness remind us about how we need to forgive others?
5. Does forgiving mean forgetting?
6. How can God help us forgive when we don't feel like it?

# Do

## Carry a Rock

To help understand holding a grudge, gather rocks (or other heavy items), and slowly have your kids hold more of them. As they hold the weight, explain that when we stay angry at people, it can feel heavy. It can also feel like you want to give up. Take the rocks out of their hands and explain what forgiveness feels like - a weight being lifted. Their arms should feel light! God helps us do this!

# READ

Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up... that it may benefit those who listen.  
**Ephesians 4:29**

Love does not delight in evil but rejoices with truth.  
**1 Corinthians 13:6**

# LEARN

Our words are powerful. They can build people up or tear them down. God invites us to be encouraging. Encouragement means saying things that make others feel loved, seen and valued. Gossip is when we spread hurtful things about others, even if it feels like it's harmless. God created each and every one of us and when we choose to encourage rather than gossip, we are honouring God's wonderful creation.

# This week's Topic

## Encouragement

**LENT**  
March 15-21

“Follow God’s example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.  
**Ephesians 5:1-2**

SCAN ME!



Read Aloud!  
(See “Do” Section)

# TALK

1. What are some words that make you feel encouraged?
2. What words help you when you are feeling down?
3. When were you kind this week?
4. What do you think God thinks about kindness and being kind to the people around us?
5. How do you think Jesus wants us to speak about others?
6. How do we know if something is gossip? How might we make sure we aren't gossiping?

# Do

## Have You Filled a Bucket?

Scan the QR code and listen to the story! Out of materials found around your home make your own kindness bucket. Fill it with pom poms, popcorn or other materials every time you feel your bucket getting filled. Take out these items if someone does something that feels like they are taking from your bucket.

# READ

The commandments... "You shall not steal," "You shall not covet," and whatever other command there may be, are summed up in this one command: "Love your neighbour as yourself." Love does no harm to a neighbour.

**Romans 13:9-10**

Whatever is true, noble, right, pure, lovely, admirable—if anything is excellent or praiseworthy—think about such things.

**Philippians 4:8**

# LEARN

God created everyone with a lot of love. Respect means seeing others the way that God sees them. Jesus treated everyone with love, no matter who they were or what they had done.

When we choose respect, we choose to treat others and all of creation with care. Respect starts in our hearts and shows up in how we think, act and talk.

# This week's Topic

## Respect

# LENT

March 22-28

Follow God's example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

**Ephesians 5:1-2**

SCAN ME!



Listen to this song!

(Reflect on how God calls us to show respect to others)

# TALK

1. How can we show respect to things we own?
2. How can we show respect to other people?
3. How did Jesus show respect to people who were often ignored? How should we do the same for people around us who are often ignored?
4. Why do you think every person matters to God?
5. How can respecting others also help protect our hearts?

# Do

## Prayer Corner

Find a place in your home to create a prayer corner! Find supplies around your house like pillow, blankets and stuffies. Print off bible verses or other art pieces to decorate the space you want to create!

Bring your Bible into the prayer corner and read John 13, showing how Jesus is an example of respect by humbling himself to serve his disciples.

# READ

Bear with one another in love... make every effort to keep the unity of the spirit through the bond of peace.

Ephesians 4:3-4

Love is patient and kind.  
1 Corinthians 13:4

Love always protects, trusts, hopes and perseveres.  
1 Corinthians 13:7

# LEARN

Sometimes loving others takes patience and it takes time. Faithfulness means choosing to keep loving others when it feels hard. Jesus never gave up on people. He stayed faithful even when it cost Him everything. God calls us to keep loving. When we don't give up, God uses our faithfulness to grow hope and strength in us and in others.

## This week's Topic

# Faithfulness

LENT  
March 29 - April 4

“Follow God’s example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God.

Ephesians 5:1-2

SCAN ME!



Craft Idea

# TALK

1. What does faithfulness mean to you?
2. When is it hard not to give up?
3. How does Jesus show us faithfulness in the way He lived and died?
4. Who helps you keep going when things are difficult?
5. How can we ask God to help us stay faithful?

# Do

God's Faithfulness Rainbow  
Read the story of Noah's Ark (Genesis 6-9) and learn about God's faithfulness and how God keeps his promises.

Scan the QR code to the left and create a beautiful rainbow craft to help remember God's faithfulness. This can be a reminder about the way that we are called to be faithful as well.

# READ

I pray that you, being rooted and established in love, may have power... to grasp how wide, long, high and deep is the love of Christ.

Ephesians 3:17-18

That power is the same as the mighty strength he exerted when he raised Christ from the dead.

Ephesians 1:19-20

# LEARN

Easter weekend helps us remember the biggest demonstration of God's love. On Good Friday, we remember that Jesus chose to give His life for us. He did this because He loved us. He took on our sin so that we could be close to God.

On Easter Sunday, we celebrate that Jesus did not stay dead! God raised Him back to life! This shows that God is stronger than sin and death. Because Jesus is alive we are never alone and we have all we need to love others as He loved us.

# This week's Topic

## Celebrating Easter Together

# Easter Weekend

Follow God's example, therefore, as dearly loved children and walk in the way of love, just as Christ loved us and gave himself up for us as a fragrant offering and sacrifice to God

Ephesians 5:1-2

SCAN ME!



Veggie Tales  
Easter Story

# TALK

1. Why do we remember Good Friday, even though it is sad?
2. Why did Jesus come to earth?
3. How does Easter Sunday change the story of Good Friday?
4. What does Jesus being alive mean for us today?
5. How can we show love to others because of what Jesus did for us?
6. How can we grow closer to Jesus because He is alive?

# Do

### In the Tomb

Make a tomb fort! in the fort, read the Easter story (Luke 22-24) as a family and have someone roll the "stone" in front of the opening to the fort.

Count to 3 and roll the stone away!

Celebrate that Jesus is ALIVE!