

SUNDAY

How have you grown in your relationship with God?

- When did you feel most spiritually connected to God this year? When did He feel closest to you? What contributed to this sense of closeness?
- When did you feel most disconnected from God? When did God feel most distant? What may have contributed to this sense of disconnection?
- How have you done at creating daily space for connecting with God? What tends to affect your consistency or inconsistency in these daily habits?
- What other spiritual practices have you experimented with and/or regularly engaged in? What has worked best in helping you access God's presence more fully?
- How could you make a greater investment in your relationship with God in 2020?

MONDAY

How have you grown in your relationships with those around you?

- Beyond immediate family, who are the 3 closest people in your life? How much space did you make to invest in these friendships this year?
- How honest and vulnerable have you been with these "closest of friends"? What parts of your life do you find easy to share with them? What aspects do you tend to keep to yourself?
- How well have you provided these "closest of friends" what they need in a friend?
- If you're in a Life Group, how faithful have you been to consistently show up, join in and be real? How could you commit to deepening the relationships in your Life Group in the coming year?
- Based on our FOR Niagara series, how have you done at being 'for your four'? What could you start doing, keep doing, or do differently to be 'for your four' in the coming year?
- How could you make a greater investment in your relationship with others in 2020?

TUESDAY

How have you grown in your relationships with those on the margins?

- In your life, how have you been motivated to promote compassion and justice?
- In what ways, if any, have you downgraded your lifestyle to upgrade someone else's standard of living?

- Who has God placed in your life to whom you can serve as an extension of His heart of love?
- How have you experienced unlikely friendship with those on the margins? How have you personally grown through deliberately extending God's compassion to others?
- How could you make a greater investment in compassion and justice in 2020?

WEDNESDAY

How have you grown in your relationship with your family?

- How are you doing at honoring your parents?
- How are you doing at being present with your family?
- If you have kids, how are you doing at maximizing the time you have to invest in their lives? How are you growing in your parenting? If you don't have kids, how are you doing at investing in the next generation as a role model or mentor?
- If you have a positive family experience, how can your family share what you experience with those who don't have family nearby?
- If you have a negative family experience, what is within your control to change or influence to make it better?
- What one goal could you set for your family in 2020?

THURSDAY

How have you grown in your relationship with the church?

- As you reflect on your contribution to Southridge (things like your time, your talents and your finance) did you contribute more, less, or the same as last year?
- How have you grown spiritually because of the "Spiritual Gymnasium" of Sunday mornings?
- How have you experienced "Love Beyond Belief" in your journey of relating to people who are different than you are?
- What steps could you take to fall more in love with the Bride of Christ, and engage more fully in His Mission through His church?
- How could you make a greater investment in Southridge in 2020?

FRIDAY

How have you grown in your relationship with your finances?

- Is your financial situation better, worse or the same as it was a year ago?
- Whether you're a spender or a saver, how healthy is your attitude towards money?
- Are there financially destructive habits in your life (excessive spending, unmanageable debt, etc.)? If so, what steps can you take to develop healthier habits?
- When it comes to faithfully tithing to the church, are you doing better, worse or the same as a year ago?
- Beyond tithing, were you more, less or similarly generous in 2019 as in previous years?
- What would a healthier relationship with money look like in 2020?

SATURDAY

How have you grown in your relationship with yourself?

- To what degree are you allowing God's love to sink into your head and heart, embracing the reality that He deeply loves and even likes you?
- How are you doing at being attentive to the present moment in your day-to-day life?
- How are you doing at managing your work-life balance?
- Has technology (phones, social media, internet) played a positive or negative role in your life this year? In what ways can your relationship with technology and media improve this year?
- What are some ways that you grew in your character, conduct and attitude in this past year? What's the greatest gain in your character, conduct and attitude that you're seeking in this coming year?
- How could you be a healthier you – physically, spiritually & mentally – in 2020?

**As you
look
back on
2019...**

