

CORPORATE PRAYER | *For Mental Health*

Loving God, we pray today for those who battle mental illness, who are depressed, anxious, struggling to think clearly or to remember accurately. We thank you that you love us just as we are, though we all in some ways are broken and imperfect. You journey alongside us when we are unwell, offering support and care. We pray for freedom from shame and stigma. Where there is weakness, distress, confusion or isolation, may You bring comfort and hope. May we be surrounded with understanding and support. Thank you most of all for the love you showed in Jesus, who entered our world and who died to restore us all to wholeness.

Loving God, we pray for those who love and serve people who battle mental illness. May we bear each other's burdens. Help us to not add to their difficulties through our stigmatizing ignorance and prejudice. Help us understand our limits, both to cause and to cure the problems of others. Teach us resist the temptation to try to "fix" our loved ones, but rather to simply offer our loving presence. Help us to nurture and promote the intrinsic value of every person, and help us to work for a fairer society, with greater access to the mental health resources that people need.

We are grateful for the way you have joined us together by your Spirit and made us family. May we be lifted up when we are weak. May we lift others up when we are strong. And may we all draw strength from You, through our commitment to each other.

Amen.