

CONVERSATION STARTERS

FEBRUARY 10, 2019

This is a guide to help start a conversation about this week's service. Feel free to pick, choose, re-order and adapt as you see fit. You know your group best and can facilitate their experience by modifying as necessary.

ICE-BREAKERS

1. How was your experience of the breath prayer exercise in this week's service? In what ways did it connect with you? In what ways did it stretch you? Has anyone tried the [take-home audio resource](#) for this week's personal spiritual practice?
2. Share about a time when you remember feeling like your words were on the line. (E.g. In an interview, a proposal, an essay, a speech, an important email, etc.). How do you feel in moments where every word counts? Do you tend to get excited or anxious?

REVIEW

1. You may want to watch this week's message as a refresher. Or, try picking a spot with 10-15 minutes to go to review the main application(s). Messages are found at southridgechurch.ca/messages.
2. Feel free to try one or two of these: What did you hear in this week's message? What ideas stood out? What did you agree with? Disagree with? What questions came to mind? How did it make you feel?

REFLECT

1. [Read James 3:1-2](#). Who are the most influential voices in your life? What is it about these people that earns them such influence for you? How much does "the godliness of their words" matter to you?
2. [Read James 3:9-10](#). James's primary concern is how lovingly we talk about others. Who are some people that you have a tough time speaking lovingly to and about? Why is that?
3. [Read James 3:11-12](#). To what degree do you believe you can gauge someone's character or spirituality based on how they talk? How do you think others would gauge your character or spirituality based on how you talk?

REFLECT

1. How have you been using your words recently? To praise or curse, to love or hate?
2. Is there a particular relationship where you've used words that you shouldn't have? What step could you take to repair this relationship?
3. Take time to pray together, inviting God to fill our hearts, and our words, with his love, especially for people that we find hard to love.

**FINDING
YOUR
VOICE**

