

A map of Chihuahua, Mexico, showing cities like Ciudad Juárez, Nogales, and San Felipe. The Pacific and Arctic Oceans are also visible.

CONVERSATION STARTERS

JUNE 9, 2019

This is a guide to help start a conversation about this week's service. Feel free to pick, choose, re-order and adapt as you see fit. You know your group best and can facilitate their experience by modifying as necessary.

ICE-BREAKERS

1. Reflect on the experience of naming our doubts in Sunday's service. What were some of the questions or doubts shared that most resonated with you? How did naming our doubts change their effect on you?
2. Imagine a world where we all told the truth about everything all the time. What do you think that would look like? Sound like? Feel like? Be like? To get a glimpse of what it could be like (if it's appropriate for your group) [watch the trailer of the movie *The Invention of Lying*](#) to help start the conversation.

REVIEW

1. You may want to watch this week's message as a refresher. Or, try picking a spot with 10-15 minutes to go to review the main application(s). Messages are found at southridgechurch.ca/messages.
2. Feel free to try one or two of these: What did you hear in this week's message? What ideas stood out? What did you agree with? Disagree with? What questions came to mind? How did it make you feel?

REFLECT

1. We aren't as honest as we'd like to believe. [Check out this infographic](#) about how and why many of us tend to lie. What's your reaction to these stats on lying? How honest did you think you were before hearing this message and seeing these stats? How honest would you say you are after hearing them?
2. Review this week's text from [James 5:12](#). For more context, you can also check out Jesus' words in [Matthew 5:33-37](#). How often do you catch yourself saying, "To be honest," or, "I swear!" to preface something that you really mean or want people to believe?
3. In what ways do you play games with the truth? Do you lie? Make misleading statements? Deceive by your silence? Pretend to be something you're not?
4. How does even subtle dishonesty hurt our relationships or hinder them from becoming all they could be? How might your relationships strengthen if you could always let your yes be yes and your no be no?

RESPOND

1. Has anyone tried the challenge that was given at the end of the message: to pay attention to and log the number of times you intentionally misled someone throughout the day? How did it make you feel when you noticed you were doing this? What was your motivation? Was it always the same?
2. In what part of your life do you struggle most to say what you mean and mean what you say? How can we support each other to grow in becoming more honest in everything we say and do?

