

# CONVERSATION STARTERS

MARCH 22, 2020

## GET STARTED

1. First things first, we recognize that everyone's mind and heart are primarily focused on one thing: the public health crisis. We get that, and so our new online series, [Pardon the Interruption](#), and this week's *Conversation Starters* are focused on how we can respond in faith. With all this in mind, as you connect with your group, start with questions like: *How is everyone doing? How is everyone's daily life being affected? Is anyone wrestling with anxiety? What are some practical ways we can support each other? Where are you seeing love, faith, and God at work in the midst of this crisis?*
2. Second, if you're wondering how best to remain connected as a group in a time when physically getting together is either challenging or completely discouraged, we're encouraging regular contact through group chats like [WhatsApp](#) and a normal rhythm of group meetings through a video platform like [Zoom](#). For additional Life Group resources and supports, [click here](#).

## REVIEW

1. Encourage your group to participate in our [online service](#) all together at 10:00am. Use a group chat to be in touch before, during, and after the service to share in the experience together. You may even want to schedule your group video meeting for right after the service to debrief and process together real-time.
2. Feel free to try one or two of these: What did you hear in this week's service? What ideas stood out? How did it make you feel? What questions surfaced? What do you see now that you didn't see before?

## REFLECT

1. Do you tend to over-react or under-react in a crisis? What makes you lean one way more than the other? How did the message shift your reactions to this current crisis?
2. How have Christians responded to medical crises in the past? What inspires you about these responses?
3. Read [John 3:16](#). How can this familiar verse reframe where and how we see Jesus in the midst of this crisis?
4. Read [Philippians 2:3-5](#). How can we put others' interests ahead of our own in this time?

## RESPOND

1. What practical next steps can you take to love each other within your group in the coming weeks? What practical next steps can you take *as a group* to love others in the coming weeks? For a cool example and story (involving toilet paper ;) ) from one of our groups, [check this out!](#)
2. For some spiritual practices to explore together or individually through the week, [click here](#).
3. Spend some deliberate time praying as a group. Pray for each other. Pray for those who are vulnerable or most affected. Pray for our health care system and workers. Pray for government leaders and decision makers. If prayer is new for your group or extra awkward given the physical distance, use this opportunity to create a prayer thread via email or group chat. Update each other with a prayer request for each day, no matter how big or small, and commit to setting aside a few quiet minutes to pray for these requests.

